

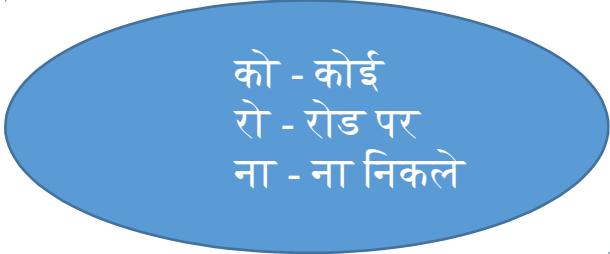
Dear Parents,

The whole nation is passing through very hard time. In this hour of crisis we all have to explore multi options to keep our students engaged for some creative and useful work. Please -

- 1. Focus on introducing one new habit for yourself and among your child as well.**
- 2. Have your schedule fixed and your 'to do' list ready every morning and work accordingly.**
- 3. Encourage your child and yourself to revive your hobbies which you haven't practiced for long.**
- 4. Fix your and your child's schedule to do list ready every morning and work accordingly.**
- 5. Eating time should be as per schedule.**
- 6. Fix your play time, call it family time to play games and enjoy to create memories.**
- 7. Clothes effect your psychology. Wake up, after exercise, bathe and get dressed as if you are going out for and your child will be prepared to work / study as per routine.**

Lastly and very important our teachers would be online with assignments daily between 10 AM - 2:00 PM. The same may be solved and sent back for correction.

Have a safe healthy time for 21 days. I will be in touch.



को - कोई
रो - रोड पर
ना - ना निकले

Thank you

**Dr. Urmila Singh
Principal cum ARO**